Mock Interview Preparation Sheet

Interview anxiety is common among many job seekers. The anxiety often results from not knowing what to expect or from being uncertain about the type of impression you project. However, as you have heard many times before, "practice makes perfect." With interview preparation and practice, your interview anxiety can be reduced.

**Purpose**
The purpose of a mock interview is to provide you with an opportunity to practice your interviewing skills in an environment similar to an actual interview. Additionally, this service allows you to receive feedback on your responses and ask our advisors questions about interviewing.

**Format**

*Interview (20-25 minutes):* The interviewer will ask you a series of questions, including ones typically posed to college students and recent graduates. Since they will ask questions about items on your resume, you need to be able to discuss your experiences, education, and skills in detail.

*Feedback and Critique (10 minutes):* The interviewer will provide you with feedback based on general observations during the mock interview. You will learn how well you marketed your skills and qualifications as well as receive ideas on how to improve your interview effectiveness.

*Questions/Concerns (5-10 minutes):* This section gives you an opportunity to ask any questions or discuss any concerns you may have about interviewing.

**Preparation**
- Plan to arrive at least 5 minutes early to your mock interview.
- Although not required, we encourage you to dress professionally (to dress as if you were attending an actual interview). This will allow you to receive feedback on your interview outfit and professional experience.
- Prepare a list of questions that you would want to ask during a real interview.

**After Your Mock Interview**
Lean more about preparing for an interview by utilizing the resources on our website,
http://www.asccareerservices.osu.edu/guides/interviewing.